

## Shodan/Black belt



Minimum Hours required

**100**

**Basic Law & Use of Reasonable Force Course**

**Basic First Aid Knowledge**

**Fitness Test**

**Written Examination Paper**

## Grading Test

Duration: 20 minutes

A Demonstration will be defined by the student in both content & execution. Techniques from previous gradings in both Tai Jutsu & Weapons. The student will show the ability to perform techniques in both traditional and contemporary style showing an understanding of Black Star Aikido philosophies.